



Republic of the Philippines
Department of Education

Region I

SCHOOLS DIVISION OFFICE OF ALAMINOS CITY

RECEIVED
RELEASED
2024-01-17
RECORDS UNIT

Office of the Schools Division Superintendent

DIVISION MEMORANDUM
DM-2024-022


TO : Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
Education Program Supervisors, CID and SGOD
Heads of All Public Elementary and Secondary Schools
All Others Concerned

SUBJECT : **#Nag 4MKNB? A PHILHEALTH REEL-MAKING COMPETITION FOR GRADE 8 LEARNERS**

FROM : Office of the Schools Division Superintendent

DATE : January 16, 2024

1. PhilHealth Regional Office invites all Grade 8 learners to participate in its Reel-Making Competition. The competition seeks to raise awareness about Universal Health Care (UHC) and to encourage active participation in the National Health Insurance Program (NHIP).
2. Streamlining health education, the NHIP seamlessly blends into the new Grade 8 curriculum under "Health Information, Products, Services, and Providers," which is previously taught in Grade 10. This integration fosters a deeper understanding of healthcare systems at an optimal time.
3. For inquiries, please contact Ms. Rowena P. Robosa, Acting Membership Head, at (075) 515-1111 local 4136 or via email at membershipsectionpro1@gmail.com or the Public Affairs Unit Head, Mr. Joseph A. Manuel, at 09667609484 or through email at pro1publicaffairsunit@gmail.com.
4. For complete details on how to participate, see the attached contest guidelines and mechanics.
5. For information, guidance, widest dissemination, and compliance.

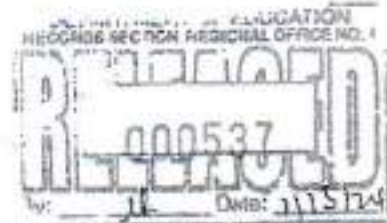

VIVIAN LUZ S. PAGATPATAN, CESO VI
Assistant Schools Division Superintendent
Officer-In-Charge
Schools Division Superintendent

With hundred reasons to serve!





Republic of the Philippines
Department of Education
 REGION I



JAN 15 2024

REGIONAL MEMORANDUM
 No. 0054, s. 2024

#Nag4MKNB? A PHILHEALTH REEL-MAKING COMPETITION

To: Schools Division Superintendents

1. In line with the commitment to promote health awareness and education, the PhilHealth Regional Office I is pleased to announce the "#Nag4MKNB? A PhilHealth Reel-Making Competition." This competition is open to Grade 8 students nationwide, in preparation for PhilHealth's 29th Anniversary.
2. Objectives of the Activity:
 - a. Foster creative means to raise awareness about health.;
 - b. Increase understanding of Universal Health Care (UHC); and
 - c. Encourage active participation in the National Health Insurance Program (NHIP).
3. This initiative is aligned with the recent integration of the NHIP into the Grade 8 curriculum under the topic "Health Information, Products, Services, and Providers," previously covered in Grade 10. The adjustment aims to ensure that learners develop a deeper understanding of healthcare providers and services at an earlier stage in their academic journey.
4. For inquiries or additional information, contact the Acting Membership Head, Ms. Rowena P. Robosa, at (075) 515-1111 local 4136 or through email at membershipsectionpro1@gmail.com or the Public Affairs Unit Head, Mr. Joseph A. Manuel, at 09667609484 or through email at pro1publicaffairsunit@gmail.com.
5. Attached are the contest guidelines and mechanics for further information.
6. Immediate dissemination of this Memorandum is desired.

TOLENTINO G. AQUINO
 Regional Director

Incls: As stated

To be indicated in the PERPETUAL INDEX
 under the following subjects:

CONTESTS
 HEALTH EDUCATION
 LEARNERS

ESSD/den/RM_Nag4MKNB
 July 12, 2024

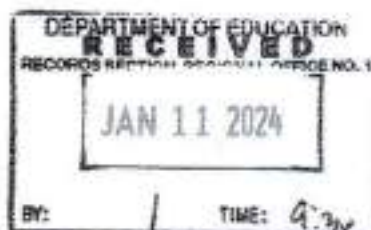




Republic of the Philippines
PHILIPPINE HEALTH INSURANCE CORPORATION
PhilHealth Regional Office I
Alia Building, Old De Venecia Highway Dagupan City, Pangasinan
☎ (075) 515-1111; (075) 5230647 (fax) 🌐 www.philhealth.gov.ph
📍 PhilHealthLocos1Region 📧 teamphilhealth

January 10, 2024

TOLENTINO G. AQUINO
Regional Director
Department of Education – Regional Office I
San Fernando City, La Union



Dear **Director Aquino**:

Warm greetings from PhilHealth Regional Office II!

The Philippine Health Insurance Corporation (PhilHealth) as an esteemed healthcare organization promoting the National Health Insurance Program (NHIP) has always been at the forefront of promoting public health awareness and education, and leading government agency in the Philippines responsible for providing affordable and accessible health insurance to all Filipinos.

As part of our ongoing efforts to raise awareness about health through creative means and in preparation of our 29th Anniversary, PhilHealth will be organizing a contest to showcase the talent and creativity of students across the nation.

The “#Nag 4MKNB? A PhilHealth Reel-Making Competition”, a PhilHealth reel-making competition to be participated in by Grade 8 students nationwide, aims to help raise awareness on the Universal Health Care (UHC) and encourage active participation in the National Health Insurance Program (NHIP).

This is in consonance with the inclusion of the NHIP in the Grade 8 curriculum under the topic “Health Information, Products, Services, and Providers” which was previously covered in Grade 10. The change is to ensure that learners develop a deeper understanding on health care providers and services at an earlier stage in their academic journey. As such, students will have a greater opportunity to grasp the core concepts and principles related to health care, thus preparing them to more advanced studies in the field.

The participants from the Academe shall express their understanding on the NHIP under the context of UHC through a video presentation showcasing the students' creativity and craftsmanship. Demonstrate the **4M** steps (**M**agparehistro, **M**agbayad ng kontribusyon, **M**ag-update ng record, **M**ag-claimngbenepisyo), the video entry must deliver the information on either one of the 4Ms or a combination of all. By harnessing the creativity and talent of our nation's youth, this contest will not only provide them with an opportunity to showcase their artistic skills but also raise awareness about the benefits of the NHIP to the wider community.



RECORDS SECTION
REC 2316489

As an important stakeholder in the field of education, the Department of Education (DepEd) plays a crucial role in shaping our students' future. Consequently, we would like to request your support in advocating and promoting this activity.

By supporting the "Nag 4MKNB? A PhilHealth Reel-Making Competition", DepEd not only contributes to the success of this initiative but will also inspire the youth to actively engage in matters related to public health.

We would appreciate if we could set a meeting with you at your most convenient time to discuss the details of the said activity. Attached to this letter are the contest guidelines for your information and dissemination in your community.

Should you have any questions or need additional information, please do not hesitate to contact our Acting Membership Head MS. ROWENA P. ROBOSA at (075)515-1111 local 4136 or through email at membershipsectionpro1@gmail.com or our Public Affairs Unit Head MR. JOSEPH A. MANUEL at 09667609484 or through email at pro1publicaffairsunit@gmail.com.

We look forward to the enthusiastic participation of our students and thank you for your unwavering support and cooperation.

Very truly yours,

DENNIS B. ADRE
Regional Vice President

for 
MARGARITA ARZADON, MEd.
MC/VII / Chief, MCTMED
010-090P

JAN 10 2024



#NAG4MKNB?

A PhilHealth Reel-Making Contest

REELease
your
creativity!

Make a reel on PhilHealth
and win awesome prizes!



CALLBACK CHANNEL: 0917-6987442

T-text and PHIC callback: [0917-6987442](tel:09176987442), mobile number: [0917-6987442](tel:09176987442), email: customercenter@philhealth.gov.ph, website: www.philhealth.gov.ph



customercenter@philhealth.gov.ph



www.philhealth.gov.ph



[PhilHealthOfficial](https://www.facebook.com/PhilHealthOfficial)



[teamphilhealth](https://twitter.com/teamphilhealth)



[teamphilhealth](https://www.youtube.com/teamphilhealth)



PhilHealth

PhilHealth Official

#NAG4MKNB?



A PhilHealth Reel-Making Contest

WHO CAN JOIN?

- All currently **enrolled Grade 8 students from private or public schools**, who must be accompanied by at least 1 teacher (with minimum exposure or participation in the video).
- There shall only be **1 ENTRY per school**.

CALLBACK CHANNEL: 0917-8987443

T-text ang "PHIC" callback <apack> mobile number of Metro Manila landline, ninyo <apack> tapang sa concern

ackcenter@philhealth.gov.ph www.philhealth.gov.ph  PhilHealthOfficial  teamphilhealth



#NAG4MKNB?

A PhilHealth Reel-Making Contest

CONTEST MECHANICS

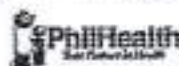
1. The PhilHealth reel-making competition is open to all currently enrolled Grade 8 students together with their teachers from private or public educational institutions;
2. Create a video (live) about the Universal Health Care (UHC) 4M steps (Magparehistro, Magbayad ng kontribusyon, Mag-update ng record, Magclaim ng benepisyo);
3. The duration of the video entry must limit to ONE (1) MINUTE only;
4. The video entry must deliver the information on either one of the 4Ms or a combination of all;
5. There should only be ONE (1) ENTRY per school/campus;
6. Each contestant must be accompanied by at least one (1) teacher (with minimum exposure or participation);
7. Contestants may use mobile phone, DSLR or mirrorless camera; videos may contain images/graphics/animation, subtitles/text, voice over, music, which are royalty-free or must not contain copyrighted artwork;
8. The entry's video resolution shall be at least 1920 x 1080p or Full HD or higher;
9. The entry may be in English, Tagalog, Taglish or in the local dialect;



CALLBACK CHANNEL: 0917-8967442

T-text ang "PHIC callback <space> mobile number @ Metro Manila landline nanya <space> tanong o concern"

✉ actioncenter@philhealth.gov.ph 🌐 www.philhealth.gov.ph 📺 PhilHealthOfficial 📺 kumpashealth



#NAG4MKNB?

A PhilHealth Reel-Making Contest

CONTEST MECHANICS

- Contestants may wear the school uniform in the video or any proper/age-appropriate clothing;
- Each entry must be an original idea by the contestant;
- A link shall be available to view and print the Contest Mechanics (to be presented to the child's parent) and the Parental and School Administration Consent (to be filled out by the student, students' parent, teacher and school head); the same link shall also provide the 4M video presentation materials for reference;
- All qualified video entries shall become the property of PhilHealth;
- Winner selection shall be based on the following criteria:

Theme relevance	40%
Story concept	30%
Execution	25%
Viewer's reaction	5%
Total	100%
- Judges' decision is final;
- Prizes and plaques for all winners.

First Place	Php 15,000
Second Place	Php 10,000
Third Place	Php 5,000

CALLBACK CHANNEL: 0917-8987442
E-text ang "PHIC callback <space> mobile number o Metro Manila landline ninyo <space> tanong o concern"
✉ actioncenter@philhealth.gov.ph 🌐 www.philhealth.gov.ph 📺 PhilHealthOfficial ✂️ [f](https://www.facebook.com/PhilHealthOfficial) [y](https://www.youtube.com/PhilHealthOfficial) [i](https://www.instagram.com/PhilHealthOfficial) [t](https://www.tiktok.com/PhilHealthOfficial)



MAG-CLAIM NG BENEFISYO

Ang lahat ng Filipino ay pinagmamaliyahan na agamang makagamit ng mga benepisyo ng pangkalusugan (immediate eligibility) sa kaniyang PhilHealth benefits.

Kung rehistrado na, kailangan lamang na maipagbigay-alam ang PhilHealth Identification Number (PIN) ng miyembro kasama ang valid ID sa billing o PhilHealth section ng ospital para matiyak ang pagkakarilalan ng miyembro. Maapuri ring mag-download ng kopya ng MDR sa PhilHealth Member Portal o mag-request ng kopya sa alinmang PhilHealth offices o PhilHealth Express.

Kahit hindi rehistrado, pwede pa rin maka-avail ng benefits. Kailangan lamang na makapagrehistro bago lumabas sa ospital. Kung anak, asawa, o magulang ang pasyente, kailangang maideklarang dependent sa PhilHealth records ng miyembro.

Sa isang taon, may coverage na 45 araw na pagpapas-ospital ang bang miyembro at hivalay na 45 araw na paghahatiang ng kanyang qualified dependents.

PARA SA CONFINEMENT ABROAD

Ang halaga na ireimburse ng PhilHealth para sa confinements abroad ay katumbag ng benepisyo ng magandang takuba para sa local confinements. Ang reimbursement check ay ipapadala sa address ng miyembro dito sa Pilipinas.

Iauntha ang mga sumusunod sa alinmang PhilHealth office sa Pilipinas sa loob ng 180 days pagkalabas ng ospital:

1. Statement of Account
2. Kopya ng Medical Certificate (nakasalin sa wikang Ingles) kung saan nakasaad ang final diagnosis, confinement period at services rendered
3. Official Receipts ng mga binayaran sa ospital/doktor

4. Kompletang napunan na PhilHealth Claim Form 1 na maaring madownload sa https://www.philhealth.gov.ph/downloads/claim/ClaimForm_092018.pdf
5. Kopya ng official receipts o anumang pruveba ng pagbabayad ng PhilHealth contributions

Ipa-courier o ipadala sa kamag-anak ang mga dokumento para maistara sa alinmang tanggapan ng PhilHealth o i-email sa call@philhealth.gov.ph kailangan lamang na naka-Certified True Copy o piramada ang bawat pahina ng mga dokumento.

Ang mga benepisyo ay babayaran ng PhilHealth sa pamamagitan ng Case Rate kung saan ang bawat karamdaman o operasyon ay may nakatalagang halaga.

Para sa karagdagang impormasyon, lumapit lamang sa nakatalagang PhilHealth CARES sa ospital.

MAGSEGURO! MAG ZAMA NA!

Magparehistro

Magbayad ng
Kontribusyon

Mag-update
ng Record

Mag-claim ng
Benepisyo

CALLBACK CHANNEL: 0917-8907442

Hotline ng PhilHealth sa mga mobile number o Metro Manila
Indivisible sa mga service center sa mga area

www.philhealth.gov.ph

actioncenter@philhealth.gov.ph [PhilHealthOfficial](https://www.facebook.com/PhilHealthOfficial)

[Instagram](https://www.instagram.com/philhealth) [Twitter](https://www.twitter.com/philhealth) [YouTube](https://www.youtube.com/philhealth)



PhilHealth
Your Partner in Health

www.philhealth.gov.ph



PhilHealth
Your Partner in Health

MAGPAREHISTRO

Ayon sa Universal Health Care (UHC) Law, ang lahat ng Filipino ay awtomatikong miyembro ng PhilHealth ngunit kailangan pa ring magparehistro para mabigyan ng PhilHealth Identification Number (PIN).

PAANO MAGPAREHISTRO?

- Punanang tama at kumpleto ang PhilHealth Member Registration Form o PMRF na maaaring i-download sa https://www.philhealth.gov.ph/downloads/membership/pmrf_012020.pdf.
- Ipadala ang PMRF (pdf o jpeg format) sa actioncenter@philhealth.gov.ph kailalipag scanned copy o firado ng valid identification (ID) card, at iba pang supporting documents. Gamitin ang "Subject" na ito sa email: `Registrar<space>Name<space>City/Province, Region`.
- Matalanggep ang PIN sa email address na isinulat sa PMRF.

Maaari ring magtungo at isumita ang mga ito sa pinakamalapit na PhilHealth Local Health Insurance Office (LHIO) o PhilHealth Express. Para sa listahan at lokasyon ng aming mga opisina, bisitahin ang www.philhealth.gov.ph. Magdala lamang ng isang (1) valid ID at dokumentong magpapatunay ng relasyon sa ideklarang dependents.

Kategorya Iba pang requirements

Direct Contributor	Proof of income
Senior Citizen	<ul style="list-style-type: none"> Senior Citizen's ID o valid ID 1st ID pictures (2 copies) Authorization letter at valid ID lung representative ang magpapasap
Lifetime Member	<ul style="list-style-type: none"> Certificate of Retirement mula sa SSS o GSIS Kalibayang naka-120 buwang kontribusyon

Indigent, 4Ps, Sangguniang Kabataan Officials: Ang lehiyudang National Government Agency ang magpapasa ng listahan ng mga beneficiaryo sa PhilHealth para sila ay marehistro.

Ang mga walang kalaychang magbayad ay maaaring magparehistro sa tulong ng government-accredited health care provider kung kwalipikado sa Point of Service.

Persons with Disability (PWD): Magparehistro sa Philippine Registry for Persons with Disability (PRPWD) sa tulong ng Persons with Disability Affairs Office (PDAO) o Social Welfare Development Office.

MAGBAYAD NG KONTRIBUSYON

Mahalaga na ang bawat miyembro ay regular na magbayad ng kontribusyon upang mapanatili ang katatagan ng National Health Insurance Program at lalo pang mapagbuti at mapalawak ang mga benepisyo.

Ayon sa Universal Health Care (UHC) Law, ang mga nakalawang kontribusyon ay kailangang bayaran na may interes-compounded monthly.

Maaaring magbayad sa PhilHealth office o sa mga PhilHealth-accredited collecting agents tulad ng banko, Bayad Center, at iba pa.

Kung ikaw ay Self-Paying member, maaari nang magbayad online gamit-ang GCash, Maya o debit/credit card. Kailangan lamang mag-register sa PhilHealth Member Portal na makikita sa <https://members.philhealth.gov.ph/members/> at siguraduhing updated ang impormasyon hinggil sa monthly income upang magamit ang Portal sa pagbabayad.

Ang National Government ang magbabayad para sa PhilHealth contribution ng mga Indirect Contributor.

Premium Contributions na dapat bayaran ng Direct Contributors

Year	Premium Rate	Income Floor	Minimum Monthly Contribution	Income Ceiling	Maximum Monthly Contribution
2022	4.00%	P10,000.00	P100.00	P10,000.00	P3,200.00
2023	4.50%	P10,000.00	P100.00	P10,000.00	P4,050.00
2024	5.00%	P10,000.00	P100.00	P10,000.00	P5,000.00
2025	5.00%	P10,000.00	P100.00	P100,000.00	P5,000.00

1. Base sa income floor
2. Base sa income ceiling

MAG-UPDATE NIG RECORD

Siguraduhing iaging updated ang membership record.

Maaaring makita ang inyong membership record sa PhilHealth Member Portal. Kailangang mag-update ng monthly income dahil dito pakabasa kung magkano ang premium contribution na dapat bayaran kada buwan.

Kung mayroong kailangang itama, baguhing impormasyon, idagdag ita dependent, o i-update ang buwanang kita:

- Punanang tama at kumpleto ang PhilHealth Member Registration Form o PMRF na maaaring ma-download mula sa https://www.philhealth.gov.ph/downloads/membership/pmrf_012020.pdf.
- Huwag kalimutang tagyan ng leek (S) ang "UPDATING/AMENDMENT" na nasa bandang kanang itaas ng PMRF.
- Isumitapin ang kamalipit na PhilHealth Office e-mail ang pdf o jpeg copy ng PMRF kailalip ng scanned copy o firado ng anumang valid ID at mga supporting documents sa actioncenter@philhealth.gov.ph. Sa pag-email, gamitin ang "Subject" na ito: `PHIC MEM INCOME UPDATE<space>Name<space>Province/Region`.